



# COVID-19 Vaccine and Booster Guide for Providers and Educators

UPDATED 1/28/2022

## Proof of Vaccination

Proof of vaccination will soon be required to enter the United States via land with an H-2 visa. The following vaccines will be accepted:

- Johnson & Johnson (1 dose)
- Pfizer (2 doses)
- Moderna (2 doses)
- AstraZeneca (2 doses)
- Covaxin (2 doses)
- Covishield (2 doses)
- Sinopharm (2 doses)
- Sinovac (2 doses)
- Novavax/Covovax (2 doses)

If the farmworker received another vaccine such as Sputnik V or Cansino, they may need to get a different vaccine before entering the United States.

Call for Health via WhatsApp +1 737 414-5121 is helping people find providers nearby in Mexico who offer accepted vaccines.

## Booster Recommendations

Refer to the following table for guidance on whether an individual should receive a booster or another dose of a COVID-19 vaccine based on their vaccine history.

Boosters are recommended for all individuals 12 years and older if they:

- Received the Johnson & Johnson (J&J) vaccine at least 2 months ago **OR**
- Received both doses of Moderna vaccine at least 5 months ago **OR**
- Received both doses of Pfizer vaccine at least 5 months ago

Please note:

- A person is considered up-to-date with their vaccines if they have received a complete initial series and a booster.
- Patients can choose their preferred vaccine (depending on availability) for their initial series as well as their booster. Pfizer and Moderna should be offered above Johnson & Johnson, in most situations.
- Vaccines can be given up to 4 days earlier than recommended.
- The Moderna booster is a half dose while the **Pfizer booster is always a full dose**, regardless of previous vaccination type.

VACCINE HISTORY	TIME TO WAIT	NEXT VACCINE NEEDED/ RECOMMENDED
0 vaccines	None	First dose Moderna (full dose) or Pfizer, schedule second dose
1 J&J	2 months	Booster dose Moderna (half dose) or Pfizer
1 Moderna	28 days	Second dose Moderna (full dose)
2 Moderna	5 months	Booster dose Moderna (half dose) or Pfizer
1 Pfizer	21 days	Second dose Pfizer
2 Pfizer	5 months	Booster dose Pfizer or Moderna (half dose)
1 AstraZeneca	28 days	Second dose Pfizer to complete series
2 AstraZeneca	5 months	Booster dose Pfizer
1 SinoPharm	28 days	Second dose Pfizer to complete series
2 SinoPharm	5 months	Booster dose Pfizer
1 Sinovac	28 days	Second dose Pfizer to complete series
2 Sinovac	5 months	Booster dose Pfizer
1 CanSino Bio	28 days	First dose Moderna (full dose) or Pfizer, schedule second dose
2 CanSino Bio	28 days	First dose Moderna (full dose) or Pfizer, schedule second dose
1 Sputnik V	28 days	First dose Moderna (full dose) or Pfizer, schedule second dose
2 Sputnik V	28 days	First dose Moderna (full dose) or Pfizer, schedule second dose
1 Covaxin	28 days	Second dose Pfizer to complete series
2 Covaxin	5 months	Booster dose Pfizer

For individuals who may have restarted their vaccine series in the U.S., once the final series is complete, a booster dose is recommended. See timing of boosters as listed.

## Pediatric Vaccine Guidance

The Pfizer COVID-19 vaccine is now available for children ages 5 to 11.

- **Dosage:** the Pfizer COVID-19 vaccine for children is a smaller dose (1/3 dose) than the adult vaccine, which means not every location will have them. However, like everybody else, children will get two shots, three weeks apart.
- **Side Effects:** temporary side effects for the COVID-19 vaccine for children 5 to 11 were similar to side effects seen in people 16 to 25. The child may temporarily experience a sore arm, headache and being tired or achy for a day or so.

## Vaccine Names

### WHO-approved and approved in Mexico (as of January 7, 2022)

NAME	OTHER NAME(S)	# OF DOSES
Pfizer	BioNTech, Comirnaty	2
Moderna	Spikevax	2
Johnson & Johnson	Janssen	1
AstraZeneca	Vaxzevria, Covishield	2
Sinopharm	BBIBP-CorV, Covilo	2
Sinovac	Coronavac	2
Covaxin	BBV152, Bharat Biotech, Ocugen, Virovax	2

### Not WHO-approved, but approved in Mexico (as of Jan 7, 2022)

NAME	OTHER NAME(S)	# OF DOSES
CanSino Biologic	Convidecea	1
Sputnik V	Gamaleya	2
Abdala	CIGB 66	3

Source: [www.raps.org/news-and-articles/news-articles/2020/3/covid-19-vaccine-tracker](http://www.raps.org/news-and-articles/news-articles/2020/3/covid-19-vaccine-tracker)

## Accepted COVID-19 Vaccines

	VACCINES APPROVED OR AUTHORIZED BY THE U.S. FOOD AND DRUG ADMINISTRATION	VACCINES LISTED FOR EMERGENCY USE (EUL) BY THE WORLD HEALTH ORGANIZATION
Single dose	<ul style="list-style-type: none"> <li>• Janssen/J&amp;J</li> </ul>	<ul style="list-style-type: none"> <li>• Janssen/J&amp;J</li> </ul>
2-dose series	<ul style="list-style-type: none"> <li>• Pfizer-BioNTech</li> <li>• Moderna</li> </ul>	<ul style="list-style-type: none"> <li>• Pfizer-BioNTech</li> <li>• Moderna</li> <li>• AstraZeneca</li> <li>• Covaxin</li> <li>• Covishield</li> <li>• BIBP/Sinopharm</li> <li>• Sinovac</li> </ul>

Source: [www.cdc.gov/quarantine/order-safe-travel/technical-Instructions.html](http://www.cdc.gov/quarantine/order-safe-travel/technical-Instructions.html)

